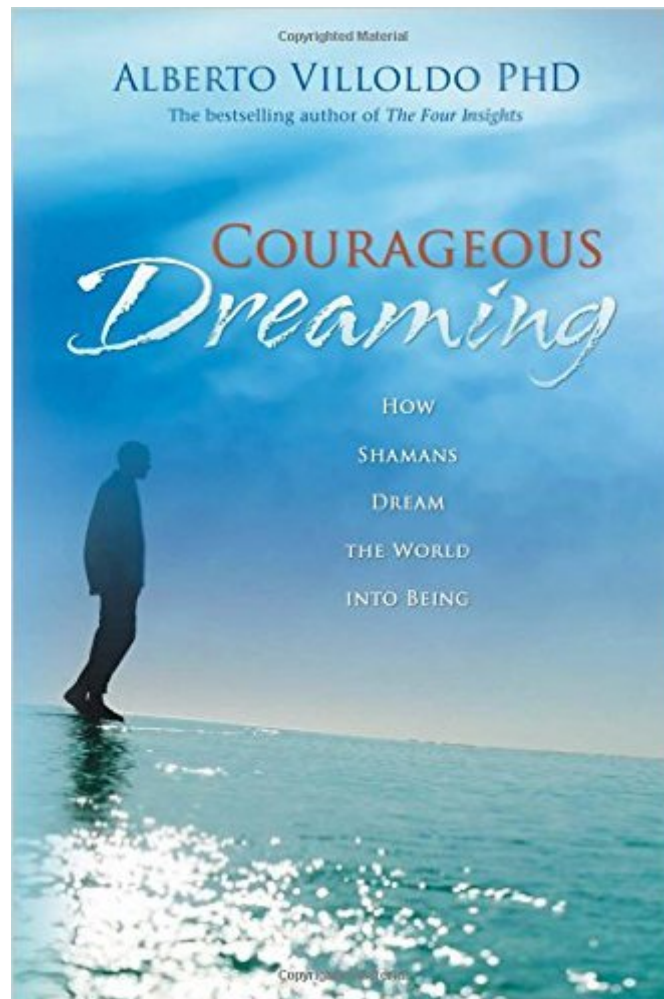


The book was found

# Courageous Dreaming: How Shamans Dream The World Into Being



## Synopsis

Modern physics tells us that we're dreaming the world into being with every thought. Courageous Dreaming tells us how to dream our world with power and grace. The ancient shamans of the Americas understood that we're not only creating our experience of the world, but are dreaming up the very nature of reality itself-that is, "life is but a dream" When you don't dream your life, you have to settle for the nightmare being dreamed by others. This book shows how to wake up from the collective nightmare and begin to dream a life of courage and grace, a sacred dream that shamans throughout time have known and served. Alberto Villoldo reveals ancient wisdom teachings that explain how to birth reality from the invisible matrix of creation; and reveals how we can interact with this matrix to dream a life of peace, health, and abundance. He shows us that courage is all that is required to create the joy we desire!

## Book Information

Paperback: 191 pages

Publisher: Hay House (March 1, 2009)

Language: English

ISBN-10: 1401917577

ISBN-13: 978-1401917579

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (44 customer reviews)

Best Sellers Rank: #265,489 in Books (See Top 100 in Books) #209 inÂ Books > Religion & Spirituality > New Age & Spirituality > Shamanism #428 inÂ Books > Religion & Spirituality > Occult & Paranormal > Occultism #1057 inÂ Books > Religion & Spirituality > New Age & Spirituality > New Thought

## Customer Reviews

The following is my opinion on this book. I really like this author. Of all the metaphysical authors out there this one seems very genuine and sincere. You don't get the sense the author is playing games with you or is acting like an absolute know it all. For anyone new to the metaphysical path I recommend that you read at least one of the authors books to get an idea of his concepts. I would say after reading most of the authors books you come to know what to expect. You hear the same concepts about levels of consciousness (Snake, Jaguar, Hummingbird, Eagle) (aka Andean Medicine Wheel), Luminous Energy Body, the EarthKeepers, etc. That is both perhaps comforting

and limiting. This book attempts to show you the power of dreaming, how some cultures use it, how to use different levels of consciousness to live a more intent-full life. That's all good. And for the major part most of the book content is true to this and delivers. But if you look deeper you begin to see some holes in his presentation and limits in his theories. As an example I wonder who exactly he means when he uses the label EarthKeepers? Everyone is an EarthKeeper (most are slacking off the job). And the use of this term is a bit distracting because it is used as a label of authority and implies that it is not you. Other reviewers have also pointed out that the authors use of the 4 animals as the 'Andean Medicine Wheel' is largely of his own creation and not a traditional concept. It was the North Americans who were really into the medicine wheel. The South Americans had many other symbols with the closest being the Chakana which is ubiquitous throughout.

[Download to continue reading...](#)

Courageous Dreaming: How Shamans Dream the World into Being Dreams: Discover the Meaning of Your Dreams and How to Dream What You Want - Dream Interpretation, Lucid Dreaming, and Dream Psychology (+BONUS) (Dream Analysis, Dream Meanings, Lucid Dream) Dreams: Interpreting Your Dreams and How to Dream Your Desires- Lucid Dreaming, Visions and Dream Interpretation (Dreams, Lucid dreaming, Visions,) Lucid Dreaming: Learn How To Control Your Dreams In 10 Easy Steps - Lucid Dreaming Techniques (Lucid Dreaming, Astral Projection, Visualization Techniques) Dreams: Interpreting Your Dreams and How To Dream Your Desires- Lucid Dreaming, Visions and Dream Interpretation The Spirit Ways: A Guide to Shamans and Spirituality in Mage - The Ascension How to Master Lucid Dreaming: Your Practical Guide to Unleashing the Power of Lucid Dreaming Dreaming the Soul Back Home: Shamanic Dreaming for Healing and Becoming Whole Dreaming Wide Awake: Lucid Dreaming, Shamanic Healing, and Psychedelics A God Who Hates: The Courageous Woman Who Inflamed the Muslim World Speaks Out Against the Evils of Islam Dream Yoga: Illuminating Your Life Through Lucid Dreaming and the Tibetan Yogas of Sleep Dreams: Lucid Dreaming - Lucid Dreams - New Age Dreams: A Beginner's Guide Book on How to Become Conscious in Your Dreams: Dream and Sleep, Volume 2 Hero Dogs: Courageous Canines in Action Courageous Leadership: Field-Tested Strategy for the 360° Leader Courageous Conversations About Race: A Field Guide for Achieving Equity in Schools Captains Courageous (Dramatized) Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle and Raise Courageous and Independent Children Forces of Nature: The incredible and courageous story of two pet rescuers after the devastation of Hurricane Katrina. By Graham Spence, Joanne Greene and Penny Koncz The Gathering Wind: Hurricane Sandy, the Sailing Ship Bounty, and a Courageous Rescue at Sea Essays That Will Get You into Medical School (Essays

That Will Get You Into...Series) [Second Edition] (Barron's Essays That Will Get You Into Medical School)

[Dmca](#)